

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: CNB

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 400M FREESTYLE WOMEN 13-14

Heat:2, starttime: 08:36

Heat: 2/12 Lane : 5 Athlete: MERCHE ELSA

Q-time: 05:05:42

PB (50m pool): no time

PB (25m pool): 05:05.42 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 13-14

Heat:6, starttime: 08:58

Heat: 6/12 Lane : 3 Athlete: PECIREP LANA

Q-time: 05:00:98

PB (50m pool): 05:08.57 La Louvière 08/02/2026

PB (25m pool): no time SB: 05:08.57 La Louvière 08/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.86	01:12.39	01:52.35	02:31.83	03:11.68	03:52.56	04:31.89	05:08.57
	00:33.86	00:38.53	00:39.96	00:39.48	00:39.85	00:40.88	00:39.33	00:36.68
								

Coach feedback:

Event number: 17: 400M FREESTYLE WOMEN 13-14

Heat:9, starttime: 09:15

Heat: 9/12 Lane : 2 Athlete: ARTAMONOVA ANASTASIA

Q-time: 04:56:53

PB (50m pool): 05:09.48 La Louvière 08/02/2026

PB (25m pool): no time SB: 05:09.48 La Louvière 08/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.78	01:12.59	01:52.41	02:31.52	03:11.09	03:50.96	04:30.80	05:09.48
	00:34.78	00:37.81	00:39.82	00:39.11	00:39.57	00:39.87	00:39.84	00:38.68
								

Coach feedback:

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Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:1, starttime: 09:36
Heat: 1/8 Lane : 7 Athlete: BRANDT FLORIAN					Q-time: 03:08:20
PB (50m pool): 03:08.20 Charleroi 24/05/2026			PB (25m pool): no time SB: 03:08.20 Charleroi 24/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.56	01:32.58	02:21.73	03:08.20	
	00:43.56	00:49.02	00:49.15	00:46.47	
					

Coach feedback:

Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:4, starttime: 09:47
Heat: 4/8 Lane : 8 Athlete: AUDOT CLÉMENT					Q-time: 03:00:14
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:6, starttime: 09:54
Heat: 6/8 Lane : 1 Athlete: FRAYLICH HUGO					Q-time: 02:53:41
PB (50m pool): 02:53.41 Charleroi 24/05/2026			PB (25m pool): 03:00.32 SB: 02:53.41 Charleroi 24/05/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.23	01:25.33	02:10.23	02:53.41	
	00:40.23	00:45.10	00:44.90	00:43.18	
					

Coach feedback:

Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:6, starttime: 09:54
Heat: 6/8 Lane : 4 Athlete: ARTAMONOV VLADIMIR					Q-time: 02:51:33
PB (50m pool): 03:01.80 La Louvière 08/02/2026			PB (25m pool): no time SB: 03:01.80 La Louvière 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.90	01:28.93	02:16.59	03:01.80	
	00:41.90	00:47.03	00:47.66	00:45.21	
					

Coach feedback:

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Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:7, starttime: 10:20
Heat: 7/20 Lane : 8 Athlete: ROY CALLIE			Q-time: 01:29:94
PB (50m pool): 01:33.21 La Louvière 08/02/2026			PB (25m pool): 01:31.99 SB: 01:33.21 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:45.24	01:33.21	
	00:45.24	00:47.97	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:12, starttime: 10:33
Heat: 12/20 Lane : 7 Athlete: KOEUNE SOFIA			Q-time: 01:26:01
PB (50m pool): 01:26.01 La Louvière 08/02/2026			PB (25m pool): 01:24.43 SB: 01:26.01 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:42.69	01:26.01	
	00:42.69	00:43.32	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:16, starttime: 10:42
Heat: 16/20 Lane : 2 Athlete: ZIMMER HANNAH			Q-time: 01:21:53
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 13-14			Heat:4, starttime: 11:42
Heat: 4/9 Lane : 8 Athlete: BIETTE LUCE			Q-time: 01:24:92
PB (50m pool): 01:26.73 Antwerpen 20/07/2025			PB (25m pool): 01:24.92 SB: 01:28.21 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:41.07	01:26.73	
	00:41.07	00:45.66	
			

Coach feedback:

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: CNB

Event number: 21: 100M BREASTSTROKE WOMEN 13-14			Heat:9, starttime: 11:51
Heat: 9/9 Lane : 2 Athlete: PECIREP LANA			Q-time: 01:18:42
PB (50m pool): 01:22.01 La Louvière 08/02/2026			PB (25m pool): no time SB: 01:22.01 La Louvière 08/02/2026
	5 0 M	1 0 0 M	
PB	00:37.71	01:22.01	
	00:37.71	00:44.30	
			

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:4, starttime: 13:05
Heat: 4/15 Lane : 1 Athlete: MERCHE ELSA					Q-time: 02:45:94
PB (50m pool): 02:45.94 Ottignies Louvain-La-Neuve 07/06/2026					PB (25m pool): no time SB: 02:45.94 Ottignies Louvain-La-Neuve 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.43	01:19.99	02:03.53	02:45.94	
	00:38.43	00:41.56	00:43.54	00:42.41	
					

Coach feedback: